

WKAC NEWSLETTER



Welcome to our Newsletter

We will be releasing a Newsletter every month highlighting the clubs successes, upcoming events and opportunities available to you.

Please send in any sporting achievements to include as we would like to celebrate all the achievements we can.

CLUB SESSIONS



Tonbridge Area

Wednesday
6:30-7:30pm
Judd School
TN9 2PN



Medway Area

Saturday
11:00-12:00pm
Medway Park
ME7 1HF



T - Wells Area

Monday
6:00-7:00pm
Holmewood House
TN3 0EB

This Summer at WKAC

With the introduction of our Tunbridge Wells sessions there has consistently been 3 club sessions on offer for all athletes.

It has been great to watch and coach young athletes who are excited to do athletics and come to these sessions week in and out.

Our Summer camps were a huge success. A big thank you to Ryan, Lucinda, Toby, Jess & Harry for making sure everyone had the best time possible.

COMING UP AT WEST KENT ATHLETICS CLUB

OCTOBER HALF
TERM CAMP.
OCT 25th 26th 27th

1

Judd School
Click to sign up

<https://bookwhen.com/westkentac/e/ev-s502-2023102500000>

SPORTS HALL
COMPETITIONS
OCT 15th, Nov 2nd,

2

Dec 10th.

Click to sign up
<https://bookwhen.com/westkentac/e/ev-skle-20231015121500>

WKAC XC LEAGUE

3

TBC -Nov, Dec, Jan
Various locations



Club Highlights!

Please submit your highlights via email along with a picture if possible as we will be celebrating everyone successes who attend the club.

1. XC races, park runs, school competitions
2. Fitness achievements
3. Sports hall athletics competitions
4. Athletics competitions

WEST KENT ATHLETICS CLUB SERVICES

MEDWAY CLUB SESSIONS
TUNBRIDGE WELLS CLUB SESSIONS
TONBRIDGE CLUB SESSIONS
MEDWAY HOLIDAY CAMPS
TONBRIDGE HOLIDAY CAMPS
SCHOOL LESSONS

1-2-1 COACHING
SMALL GROUP COACHING
PERSONAL TRAINING – KIDS/ADULTS
SPORTS CLUBS MASTERCLASSES
KIDS PARTIES
SCHOOL VISITS & TALKS

WKAC T shirts

We have our T-shirts back in Red and Grey. These T-shirts will be available to purchase on our website and at sessions.

£15 per T shirt



WKAC Lost Property

We have accumulated a fair bit of lost property over the last few months, please email us if you think you may have lost it at our sessions.

WEBSITE: WWW.WESTKENTATHLETICSClub.CO.UK

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Facebook: West Kent Athletics Club

